YELLOW JUMPER PRESS

PRESS KIT



The Yellow Jumper Guy's Guide to Old Stuff

Volume 1: Greece

Myles Davies · Yellow Jumper Press

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1. Press release

FOR RELEASE: Monday 7 December 2026

Ipswich man who quit his job from the top of the Acropolis writes a (92% true) guide to Greece

Social media's "Yellow Jumper Guy" publishes a funny travel memoir with a genuinely useful guide inside

IPSWICH, SUFFOLK – In October 2012, Ipswich's Myles Davies quit his office job from the top of the Acropolis, in the rain, wearing a bright yellow Shetland jumper. Thirteen years later he went back to finish the book. The Yellow Jumper Guy's Guide to Old Stuff, Volume 1: Greece is published by Yellow Jumper Press on Monday 7 December 2026 in paperback (£10.99) and on Kindle (£3.99) – just in time to be the perfect last-minute Christmas gift.

Across eight stops, Myles loses a race to a monk at Delphi and somehow becomes godfather to a goat called Catriona, invents "marble surfing" on the Acropolis in entirely the wrong shoes, drinks raki with fourteen Cretan grandfathers at Knossos, falls over on the podium of the Panathenaic Stadium and goes viral as "Marble Banana Man", and gets knighted, sort of, in Rhodes.

Behind the jokes is a proper guide. Every chapter ends with "The Practical Bit": prices, winter opening hours, how to get there, and tavernas that are actually open in November, checked in November 2026. The book is built for the off-season traveller who wants the ruins without the crowds.

"Matt and I got to the Acropolis the evening we arrived. I'd scrambled up onto a boulder (I was going to say rock), the Acropolis towering above us, and I turned to Matt, pointed down the hill and said, 'That way – there's more old stuff down there.' I've always loved history: the romance of it, where we came from, what we might become. This book is my way of sharing that. I've no idea if anyone will get me, but it's something I've always wanted to do – which probably explains why Volume 1 took so long." – Myles Davies, The Yellow Jumper Guy

Online, Myles is the Yellow Jumper Guy, with about 23,000 followers across social media. Every story in the book, he says, is 92% true. "The other 8% is sun, tsipouro and memory."

ENDS

Notes to editors

- Review copies and cover images on request. Press image: the statue in the yellow jumper (included); photos of Myles available on request.
- Myles is available for interviews – in person, by phone or by video – and is happy to travel as needed.
- Contact: Myles Davies, press@yellowjumperguy.com. Press kit and images available on request.

2. Fact sheet

Title	**The Yellow Jumper Guy's Guide to Old Stuff**
Subtitle / series	Volume 1: Greece – book 1 of The Yellow Jumper Guy's Guide to Old Stuff
Author	Myles Davies ("The Yellow Jumper Guy")
Publisher	Yellow Jumper Press
Genre	Humorous travel memoir with practical travel guide
Length	About 103,000 words; 342-page paperback
Formats and UK prices	Paperback £10.99 (5.5 × 8.5 in, cream paper); Kindle £3.99
ISBN	978-1-0656112-0-2 (paperback); the Kindle edition uses its Amazon ASIN
Publication date	Monday 7 December 2026 – in time for Christmas
Where to buy	Amazon (paperback and Kindle)
Places covered	Delphi, the Acropolis, the Themistoclean Wall (Athens), Knossos, the Panathenaic Stadium, Cape Sounio, Mystras, Rhodes
Extras in every chapter	The Practical Bit, Greek for Idiots, Tangent Corners, Britain vs Ancient Greece tables, How Not To Do It boxes
Author base	Ipswich, Suffolk
Contact	press@yellowjumperguy.com

One-line pitch

Greece will ruin you. This book just hands you a cold Mythos.

Short description

In 2012 a man from Ipswich in a bright yellow Shetland jumper quit his office job from the top of the Acropolis. Thirteen years later he went back to finish the book. Part love letter, part tall tale, part genuinely useful guide, it follows the Yellow Jumper Guy round the greatest hits of Greek "old stuff", and the many ways a grown man can fall over in front of them.

3. About the author



The Yellow Jumper Guy (as he prefers to be photographed). Official press image – 300 dpi files in images/. Photos of Myles available on request.

Short bio

Myles Davies is the Yellow Jumper Guy, followed by about 23,000 people on social media. He lives in Ipswich, Suffolk, owns one yellow Shetland jumper that has never been washed, and has fallen over on some of the most important marble in Europe.

Longer bio

Myles Davies is from Ipswich, Suffolk. In October 2012, standing on top of the Acropolis in the rain in a bright yellow Shetland jumper, he quit his office job. He spent the next few days at Delphi, where he lost a race to a monk, sprained an ankle and became godfather to a goat. In November 2025, thirteen years later, he went back to Greece in the same jumper and the same boat shoes to finish the trip properly. Online he is the Yellow Jumper Guy, with about 23,000 followers. The Yellow Jumper Guy's Guide to Old Stuff, Volume 1: Greece is his first book.

In his own words

"That way – there's more old stuff down there."

Myles Davies, on the Acropolis – full quote in the press release.

4. Story angles

Local press and radio (BBC Radio Suffolk, East Anglian Daily Times, Ipswich Star, ICR FM)

- Local man quit his job from the top of the Acropolis, now he's written the book.
- The Ipswich man with about 23,000 followers and one unwashed yellow jumper.
- Christmas gift angle: a funny book by a local author, out 7 December – the perfect last-minute Christmas gift.
- Image: the official statue-in-the-jumper press image. Photos of Myles available on request.

Travel media and podcasts

- Greece in winter: what's open, what it costs, and why November beats August.
- The overlooked "old stuff": the Themistoclean Wall in Athens' car parks and basements, and the Byzantine ghost town of Mystras.
- How not to visit an ancient site: boat shoes, wet marble and a lot of falling over.

Guest pieces Myles can write

- "Five ancient sites that are better in winter."
- "Greek for Idiots: ten phrases that got me fed by strangers."

5. Suggested interview questions

Suggested questions for radio, podcast and press interviews.

- Why did you quit your job from the top of the Acropolis, and how did your boss take it?
- What is it about the yellow jumper? Has it really never been washed?
- How does a man end up godfather to a goat called Catriona?
- You went back thirteen years later. What had changed in Greece, and in you?
- What is "marble surfing", and should anyone try it? (No.)
- Which ancient site surprised you the most?
- Why visit Greece in November rather than August?
- The book says every story is 92% true. Which bit is the 8%?
- What is in Volume 2?